

# YOD-YING PROTOCOL

## Oral Chelation | Magnesium EDTA | Magnesium Zeolite

### Oral Chelation

An alternative, complementing approach to safe chelation. Yod-Ying Protocol Oral Chelation employs exceptional property of Magnesium to function both as a very effective chelating agent and as recycled vital nutrient for further biochemical processes.

### Magnesium EDTA

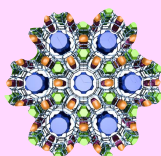
Magnesium-EDTA is prepared with ultra complicated procedures to derive a safe, yet effective form of chelating agent used to 'catch'



heavy toxic metals within tissues and blood vessels to be eliminated through the kidneys.

### Magnesium Zeolite

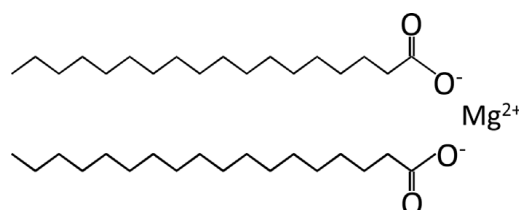
Magnesium Zeolite is prepared with ultra high temperature to derive a multi-faceted form of chelating agent used to 'cage' heavy toxic metals within gastro-intestinal tract to be eliminated through the bowels.



## MAGNESIUM—Mineral of The Millennium

Magnesium is the only mineral chosen for Yod-Ying Protocol chelating products due to its 2 main attributes: 1) highly special chemical properties and 2) exceptionally vital biochemical functions. Among various known EDTA's used in chelation therapy, for instance, Sodium-EDTA, Calcium EDTA, Zinc EDTA, and Manganese EDTA, the Edatamyl Magnesium is the most outstanding. Not only that Magnesium is very reactive in chelating heavy metals but it also exhibits vital biochemical functions, when compared to other minerals. However, industrial production of Magnesium EDTA is still very limited due to required laboratory processes and ultra high temperatures. Thus making it less known and not yet extensively researched.

Having chemical properties of minerals compared, Magnesium possesses an exceptional quality to both maintain stability in solutions and to effectively involve in chemical reactions, thus making Magnesium the most efficient chelating agent.





**Supplementary Nutra-Phyto-Ceuticals**

As chelation deals with harmful toxic chemicals, it is highly crucial to support bodily detoxification processes to prevent unwanted healing crisis and to achieve optimal benefits.

The Yod-Ying Protocol for Oral Chelation (YP-ch) employs 2 medicinal extracts to increase anti-oxidant potentials and support kidney functions.

- FRUITY-PLUS:** cutting-age medicinal proprietary blend of the well-studied beneficial fruits containing the purest genre of high potency antioxidants



- KITNECAP:** special formulation of carefully selected kidney-tonifying medicinal phyto-extracts to support kidney tissues and functions to assist in effectively removing toxic heavy metals out of the body



Moreover, once Magnesium-EDTA is chelated with heavy metal ions, Magnesium is released to be re-used within the body for several other biochemical processes, namely: cardiovascular, neurological, musculo-skeletal, enzymatic, and immunological functions.

As a result, Magnesium EDTA & Magnesium Zeolite act both as a potent oral chelation and as an active Magnesium supplement, in one go.

*Dosage Recommendation 500mg capsules*

Under clinical guidance

3 capsules 3 times daily, on an empty stomach  
10 days each

Alternate days between Mg-EDTA & Mg-Zeolite

Altogether = 20 days course

*(In cases of unwanted side effects which are not likely, dosage can be adjusted to 3 capsules 2 times daily)*

Supplemental intake

2 capsules 2 times daily, on an empty stomach  
10 days each

Alternate days between Mg-EDTA & Mg-Zeolite

Altogether = 20 days course

*(Further reduction of dosages may result in less effective chelation, and thus not advisable.)*

Please consult BVRC Functional Wellness for further advice.

Samples of Heavy Metal Serum Values  
Pre- & Post- Intakes of Mg-EDTA & Mg-Zeolite (1-2 courses)

| Heavy Metal | Reference   | Pre-Intake | Post-Intake | Pre-Intake | Post-Intake |
|-------------|-------------|------------|-------------|------------|-------------|
| Aluminum    | <1ug/dL     | 1.4        | 0.8         | 1.7        | 1.4         |
| Arsenic     | <10ug/L     | 3.8        | 1.2         | 4          | 2.1         |
| Copper      | 70-160ug/dL | 255        | 114         | 156.0      | 97.0        |
| Lead        | <30ug/dL    | 5.0        | 2.0         | 8          | 5           |
| Mercury     | <2ug/dL     | 1.0        | <0.1        | 0.2        | <0.1        |
| Zinc        | 70-170ug/dL | 166.0      | 138.0       | 113.0      | 82.0        |